



## Parent Letter Template

Date: \_\_\_\_\_

Dear Parents:

Our class will soon begin participating in the ***One Simple Act*** for the School program. ***One Simple Act for the School*** was developed by Alberta Environment to encourage Alberta teachers and students to learn about our environment and take actions to reduce our impact. The program will help us achieve grade-level outcomes in our Science and Social Studies curriculum.

We will learn about some of the biggest pressures on our environment such as water use, waste production and energy consumption. We will also learn about the simple actions we can take to make a difference. When we talk about taking action on the environment, it can often feel overwhelming. We can get into the “what can I do alone to help?” mindset, but this program shows us that small actions can make a big difference. Here is a list of the actions our class will consider taking over the next few months:

### **Simple Acts for Grades 1 – 3:**

1. Reuse and recycle paper
2. Recycle drink containers
3. Turn off the lights when not in use
4. Composting fruit and vegetable scraps
5. Become water savers

### **Simple Acts for Grades 4 – 6:**

1. Turn off the taps while soaping up hands
2. Pack waste-free lunches
3. Use active or green transportation at least once a week
4. Turn off the computer and other electronics when not using them
5. Remind parents and other drivers to be idle-free in the school zone



### How Can You Help?

Your child will need your assistance and support once they commit to one of the above simple acts. (Our class will select a simple act to which the entire class will commit) **OR** (I will ask your child to commit to their own simple act). You can help out by:

- Discussing the simple acts now and select one or two that best suits your child, your family and your schedule.
- Support them by committing to an act. Find out more at [www.onesimpleact.alberta.ca](http://www.onesimpleact.alberta.ca).
- Help them complete their act by encouraging their simple act to continue at home. It only takes twenty-one days to make (or break) a habit.

We will notify you once we have selected a class-wide simple act or your child has selected their own simple act. In the mean time, please contact me if you have any further questions about our participation in this program. You can find out more about **One Simple Act for the School** by visiting [www.onesimpleact.alberta.ca](http://www.onesimpleact.alberta.ca) and clicking on the **At School** link.

We are looking forward to our upcoming learning!

Sincerely,

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